| January 1689 | February 1689 | March 1689 | April 1689 | May 1689 | June 1689 |
|--------------|------------------|------------------|----------------|----------------|----------------|
| S 1 | T 1 | T 1 | F 1 | S 1 | W 1 |
| S 2 | W 2 | W 2 | S 2 | M 2 18 | Т 2 |
| M 3 1 | T 3 | Т 3 | S 3 | T 3 | F 3 |
| Т 4 | F 4 | F 4 | M 4 14 | W 4 | S 4 |
| W 5 | S 5 | S 5 | Т 5 | T 5 | S 5 |
| Τ 6 | S 6 | S 6 | W 6 | F 6 | M 6 23 |
| F 7 | M 7 6 | M 7 10 | Т 7 | S 7 | Т 7 |
| S 8 | Т 8 | Т 8 | F 8 | S 8 | W 8 |
| S 9 | W 9 | W 9 | S 9 | M 9 19 | Т 9 |
| M 10 2 | Т 10 | Т 10 | S 10 | Т 10 | F 10 |
| T 11 | F 11 | F 11 | M 11 15 | W 11 | S 11 |
| W 12 | S 12 | S 12 | Т 12 | Т 12 | S 12 |
| T 13 | S 13 | S 13 | W 13 | F 13 | M 13 24 |
| F 14 | M 14 7 | M 14 11 | T 14 | S 14 | Т 14 |
| S 15 | Т 15 | Т 15 | F 15 | S 15 | W 15 |
| S 16 | W 16 | W 16 | S 16 | M 16 20 | Т 16 |
| M 17 3 | Т 17 | Т 17 | S 17 | Т 17 | F 17 |
| T 18 | F 18 | F 18 | M 18 16 | W 18 | S 18 |
| W 19 | S 19 | S 19 | Т 19 | Т 19 | S 19 |
| Т 20 | S 20 | S 20 | W 20 | F 20 | M 20 25 |
| F 21 | M 21 8 | M 21 12 | T 21 | S 21 | T 21 |
| S 22 | Т 22 | Т 22 | F 22 | S 22 | W 22 |
| S 23 | W 23 | W 23 | S 23 | M 23 21 | Т 23 |
| M 24 4 | Т 24 | T 24 | S 24 | T 24 | F 24 |
| Т 25 | F 25 | F 25 | | W 25 | S 25 |
| W 26 | S 26 | S 26 | Т 26 | Т 26 | S 26 |
| Т 27 | S 27 | S 27 | W 27 | F 27 | M 27 26 |
| F 28 | M 28 9 | M 28 13 | Т 28 | S 28 | Т 28 |
| S 29 | | T 29 Good Friday | F 29 | S 29 | W 29 |
| S 30 | Weeknumber.co.uk | W 30 | S 30 | M 30 22 | Т 30 |
| M 31 5 | | T 31 | | T 31 | |

| July 1689 | August 1689 | September 1689 | October 1689 | November 1689 | December 1689 |
|---------------|-------------|----------------|--------------|------------------|---------------------------------|
| F 1 | M 1 31 | T 1 | S 1 | T 1 | T 1 |
| S 2 | Т 2 | F 2 | S 2 | W 2 | F 2 |
| S 3 | W 3 | S 3 | M 3 40 | Т 3 | S 3 |
| M 4 27 | T 4 | S 4 | T 4 | F 4 | S 4 |
| Т 5 | F 5 | M 5 36 | W 5 | S 5 | M 5 49 |
| W 6 | S 6 | Τ 6 | Τ 6 | S 6 | Т б |
| T 7 | S 7 | W 7 | F 7 | M 7 45 | W 7 |
| F 8 | M 8 32 | Т 8 | S 8 | T 8 | Т 8 |
| S 9 | Т 9 | F 9 | S 9 | W 9 | F 9 |
| S 10 | W 10 | S 10 | M 10 41 | Т 10 | S 10 |
| M 11 28 | T 11 | S 11 | T 11 | F 11 | S 11 |
| Т 12 | F 12 | M 12 37 | W 12 | S 12 | M 12 50 |
| W 13 | S 13 | Т 13 | Т 13 | S 13 | T 13 |
| T 14 | S 14 | W 14 | F 14 | M 14 46 | W 14 |
| F 15 | M 15 33 | Т 15 | S 15 | Т 15 | Т 15 |
| S 16 | Т 16 | F 16 | S 16 | W 16 | F 16 |
| S 17 | W 17 | S 17 | M 17 42 | Т 17 | S 17 |
| M 18 29 | T 18 | S 18 | T 18 | F 18 | S 18 |
| Т 19 | F 19 | M 19 38 | W 19 | S 19 | M 19 51 |
| W 20 | S 20 | Т 20 | Т 20 | S 20 | Т 20 |
| T 21 | S 21 | W 21 | F 21 | M 21 47 | W 21 |
| F 22 | M 22 34 | Т 22 | S 22 | Т 22 | Т 22 |
| S 23 | Т 23 | F 23 | S 23 | W 23 | F 23 |
| S 24 | W 24 | S 24 | M 24 43 | Т 24 | S 24 |
| | Т 25 | S 25 | Т 25 | F 25 | S 25 Christmas Day |
| Т 26 | F 26 | M 26 39 | W 26 | S 26 | M 26 Boxing Day 52 |
| W 27 | S 27 | Т 27 | Т 27 | S 27 | T 27 Christmas (substitute day) |
| Т 28 | S 28 | W 28 | F 28 | M 28 48 | W 28 |
| F 29 | M 29 35 | Т 29 | S 29 | Т 29 | Т 29 |
| S 30 | Т 30 | F 30 | S 30 | W 30 | F 30 |
| S 31 | W 31 | | M 31 44 | Weeknumber.co.uk | S 31 |