| January 1974 | February 1974 | March 1974 | April 1974 | May 1974 | June 1974 |
|--------------------|------------------|--|-----------------------|----------------|---------------------|
| T 1 New Year's Day | F 1 | F 1 | M 1 14 | W 1 | S 1 |
| W 2 | S 2 | S 2 | T 2 | Т 2 | S 2 |
| Т 3 | S 3 | S 3 | W 3 | F 3 | M 3 June Holiday 23 |
| F 4 | M 4 6 | M 4 10 | T 4 | S 4 | T 4 |
| S 5 | Т 5 | Т 5 | F 5 | S 5 | W 5 |
| S 6 | W 6 | W 6 | S 6 | M 6 19 | Т 6 |
| M 7 2 | T 7 | T 7 | S 7 | T 7 | F 7 |
| Т 8 | F 8 | F 8 | M 8 15 | W 8 | S 8 |
| W 9 | S 9 | S 9 | Т 9 | Т 9 | S 9 |
| Т 10 | S 10 | S 10 | W 10 | F 10 | M 10 24 |
| F 11 | M 11 7 | M 11 11 | T 11 | S 11 | T 11 |
| S 12 | Т 12 | Т 12 | F 12 | S 12 | W 12 |
| S 13 | W 13 | W 13 | S 13 | M 13 20 | T 13 |
| M 14 3 | T 14 | T 14 | S 14 Easter Sunday | T 14 | F 14 |
| Т 15 | F 15 | F 15 | M 15 Easter Monday 16 | W 15 | S 15 |
| W 16 | S 16 | S 16 | Т 16 | Т 16 | S 16 |
| Т 17 | S 17 | S 17 St. Patrick's Day | W 17 | F 17 | M 17 25 |
| F 18 | M 18 8 | M 18 St. Patrick's Day (substitute day) 12 | T 18 | S 18 | T 18 |
| S 19 | Т 19 | Т 19 | F 19 | S 19 | W 19 |
| S 20 | W 20 | W 20 | S 20 | M 20 21 | Т 20 |
| M 21 4 | T 21 | T 21 | S 21 | T 21 | F 21 |
| Т 22 | F 22 | F 22 | M 22 17 | W 22 | S 22 |
| W 23 | S 23 | S 23 | Т 23 | Т 23 | S 23 |
| Т 24 | S 24 | S 24 | W 24 | F 24 | M 24 26 |
| F 25 | | | Т 25 | S 25 | Т 25 |
| S 26 | Т 26 | Т 26 | F 26 | S 26 | W 26 |
| S 27 | W 27 | W 27 | S 27 | M 27 22 | Т 27 |
| M 28 5 | Т 28 | Т 28 | S 28 | T 28 | F 28 |
| Т 29 | | F 29 | M 29 18 | W 29 | S 29 |
| W 30 | Weeknumber.co.uk | S 30 | Т 30 | Т 30 | S 30 |
| T 31 | | S 31 | | F 31 | |

| July 1974 | August 1974 | September 1974 | October 1974 | November 1974 | December 1974 |
|---------------|-----------------------|----------------|--------------|------------------|------------------------|
| M 1 27 | T 1 | S 1 | T 1 | F 1 | S 1 |
| Т 2 | F 2 | M 2 36 | W 2 | S 2 | M 2 49 |
| W 3 | S 3 | Т 3 | Т 3 | S 3 | Т 3 |
| T 4 | S 4 | W 4 | F 4 | M 4 45 | W 4 |
| F 5 | M 5 August Holiday 32 | Т 5 | S 5 | T 5 | Т 5 |
| S 6 | Τ 6 | F 6 | S 6 | W 6 | F 6 |
| S 7 | W 7 | S 7 | M 7 41 | T 7 | S 7 |
| M 8 28 | Т 8 | S 8 | T 8 | F 8 | S 8 |
| Т 9 | F 9 | M 9 37 | W 9 | S 9 | M 9 50 |
| W 10 | S 10 | Т 10 | Т 10 | S 10 | T 10 |
| T 11 | S 11 | W 11 | F 11 | M 11 46 | W 11 |
| F 12 | M 12 33 | Т 12 | S 12 | Т 12 | T 12 |
| S 13 | Т 13 | F 13 | S 13 | W 13 | F 13 |
| S 14 | W 14 | S 14 | M 14 42 | T 14 | S 14 |
| M 15 29 | T 15 | S 15 | Т 15 | F 15 | S 15 |
| T 16 | F 16 | M 16 38 | W 16 | S 16 | M 16 51 |
| W 17 | S 17 | Т 17 | Т 17 | S 17 | Т 17 |
| Т 18 | S 18 | W 18 | F 18 | M 18 47 | W 18 |
| F 19 | M 19 34 | Т 19 | S 19 | Т 19 | Т 19 |
| S 20 | Т 20 | F 20 | S 20 | W 20 | F 20 |
| S 21 | W 21 | S 21 | M 21 43 | T 21 | S 21 |
| M 22 30 | Т 22 | S 22 | Т 22 | F 22 | S 22 |
| Т 23 | F 23 | M 23 39 | W 23 | S 23 | M 23 52 |
| W 24 | S 24 | T 24 | Т 24 | S 24 | Т 24 |
| Т 25 | S 25 | W 25 | F 25 | | W 25 Christmas Day |
| F 26 | M 26 35 | Т 26 | S 26 | Т 26 | T 26 St. Stephen's Day |
| S 27 | Т 27 | F 27 | S 27 | W 27 | F 27 |
| S 28 | W 28 | S 28 | M 28 44 | Т 28 | S 28 |
| M 29 31 | Т 29 | S 29 | Т 29 | F 29 | S 29 |
| Т 30 | F 30 | M 30 40 | W 30 | S 30 | M 30 1 |
| W 31 | S 31 | | T 31 | Weeknumber.co.uk | T 31 |